## Items to bring to the MLK Jr. Day of Service 2024

There are physical, spiritual, and mental items to bring to the MLK Jr. Day of Service event. The first two items of spiritual and mental items are more important than the physical items.

## These spiritual and mental items create an environment that inspires and uplifts others:

- A servant and grateful heart
- A spirit of selflessness
- A positive and flexible attitude
- Willingness to tell others why you are attending the MLK Jr Day of Service

## These physical items help us meet the needs of the least, last, and lost:

(please mark your donations with the organization they are for)

- Non-perishable food items (see separate list)
- Gently Used Clothes for AMES Memorial and Sandtown community
  - Coats
  - Gloves
  - Hats
  - Shoes
  - o Socks
  - o Boots
  - Blankets
- Gently Used Clothes for Success In Style
  - Men's ties
  - Men's and Women's watches
  - Men's belts 30 to 36 inches
  - Men's and Women's dress shoes
  - Men's and Women's black dress socks
- Other items:
  - Shoe boxes (clean) to be used to distribute the decorated cookies
  - Prescription bottles (clean) to be used in assembling kits
  - Corks (from wine bottles) to be used in assembling of fishing kits
  - o Diapers and Wipes Columbia Pregnancy Center

- NEW Twin Bed Linens for Sleep in Heavenly Peace
  - New Twin Sheets
  - New Twin Blankets
  - New Twin Comforters
- Items for active-duty military members:
  - Kind Bars
  - LaraBars
  - Protein Bars of all kinds
  - Granola or Nut Bars
  - o Beef Jerky or Slim Jims (individually wrapped small bags)
  - o Pringles in small snack size containers
  - o Trail Mix, Peanuts, Nut Mixes or Nuts of any kind in small bags
  - Cheez-its snack small bags
  - o Cheese or Peanut Butter Crackers
  - o Tuna Lunches to Go
  - o Any Cookies (small school lunch-type sizes: Oreos, Chips Ahoy)
  - o Individual packets of instant coffee
  - o Individual Drink mix packets (Crystal Light, Mio, Gatorade)