

Suggested Donation Items for the MD/DC Food Bank and Sandtown Community

- Paper Towels and Toilet Tissues
- Soaps – Bath, Hand, Dish, Dishwasher, and Laundry
- Baby Food
- Bakery Mixes
- Canned Vegetables and Fruits
- Canned Meat and Fish
- Canned Meals – Soups, Chili, Beef Stew, etc.
- Condiments – Ketchup, Mustard, Mayonnaise
- Cooking Oils
- Dry Cereal – Hot or Cold
- Dry Goods – Pasta, Rice, Beans, Flour,
- Hamburger Helpers, Macaroni and Cheese, etc.
- Hot Beverage Mix – Tea, Coffee, Hot Chocolate
- Juice – Bottles, Cans, Boxes*
- Oatmeal Packets
- Pancake Mix and Syrup
- Peanut Butter
- Personnel and Infant Care Items
- Spaghetti Sauce
- Sweeteners – Sugar, Artificial, Honey

Other Non-perishables* will be appreciated

* - Items that do not require refrigeration

Additional Items:

- Nuts and Trail Mix
- Whole Grains
- Dried Fruits, such as apricots or raisins
- Rolled Oats