



Our fourth annual Day of Service will be hosted by Glen Mar UMC, Ames Memorial UMC, and St. John Baptist Church. This event allows families to serve together with hands-on opportunities that will make a valuable difference in their communities. Volunteering only requires compassion, an open mind, a willingness to help, and a caring attitude. Research studies have shown that volunteering is good for the body and mind. It enhances participants' communication and interpersonal skills. It also allows participants to practice teamwork and problem solving. Volunteering as a family sets a positive example, encouraging children and youth to help others and show God's love by taking part in the act of service. So come for one hour or come for the day!

MONDAY, JANUARY 15, 2018 (MLK JR. DAY) FROM 8:30 AM TO 4:30 PM

- COST:** The event is FREE and open to the public
- WHAT:** Family-friendly service activities for ages 5 to 105 years old. We will offer free childcare from 9:00 am to 12:00 pm for 1 to 4 year olds
- WHERE:** Glen Mar Church, 4701 New Cut Road, Ellicott City, MD 21043
- LUNCH:** Pizza and bottled water can be ordered at the sign-in table for \$5.00
- VISIT US:** www.glenmarumc.org/gmcevents/dayofservice/ and at www.facebook.com/AmesMemorial

SOME OF THE PLANNED ONSITE ACTIVITIES ARE:

- Packaging meals for the hungry (5 years old and up)
- Decorating cookies for inner-city school teachers (5 years old and up)
- Writing letters and drawing pictures for service members and others (5 years old and up)
- Making spiritual bracelets for those in need of love and grace (5 years old and up)
- Sewing pillow cases for people during a hospital stay (8 years old and up)
- Knitting for those recovering from an illness (8 years old and up)
- Making no-sew blankets for graduates from the Board of Child Care (5 years old and up)
- Food collection for the Sandtown community in Baltimore (any age)
- Clothes collection for homeless (Sandtown area): hats, coats, gloves, socks, blankets
- Health screening (BMI and blood pressure screening, pre-diabetes risk assessment)
- Making jump ropes out of clean old t-shirts for school children (8 years old and up)

SEVERAL ALL-DAY OFF-SITE ACTIVITIES INCLUDE:

(We will meet at 8:30 am. Please bring a bag lunch and two water bottles)

- Painting office spaces, youth cottages, and rooms (8th graders and up)
- Food collection, home repairs, and sorting of donations (8th graders and up)

NEW ACTIVITIES:

- Collecting gently used shoes for those in need of footwear (any age)
- Making fishing kits and assembling health care kits for children (8 years old and up)
- Making tic-tac-toe kits and flannel teddy bears for children (8 years old and up)

For more information, contact D.C. Veale at 410-465-4995 ext. 205 or dc.veale@glenmarumc.org. You can also visit us on Facebook at Glen Mar Church Day of Service 2018.

* *The content is neither sponsored nor endorsed by HCPSS.*